

Minimum \$30 for Ramsey and surrounding towns

Minimum \$50 out of the area



If you are reading this from our website, please make sure it is the correct date.

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Daily Specials for Friday May 27, 2016

Soups and sides: WE ALWAYS HAVE CHICKEN CHILI \$4.95

Soups \$4.95: Chicken vegetable / Sweet potato pear / Lentil soup / split pea with ham / Rice ball with soup \$8.95 / Grilled American cheese on Challah bread \$3.95 / Small beet mandarin salad with candied walnuts \$5.95

Salads

- E. Goat Cheese Salad \$9.95 Add Grilled Chicken \$11.95
- F. Grilled salmon, edamame salad, and Asian noodle salad over mixed greens with sesame dressing on the side \$12.95
- G. Kale salad: kale, broccoli, shredded red cabbage, carrots, dried cranberries, apples, and carrots tossed with lemon poppy seed dressing \$9.95 Add grilled chicken \$11.95
- H. **NEW** Avocado and Greek yogurt chicken salad over chopped romaine with ripe avocado, cucumbers, grape tomatoes, and a side of avocado Greek yogurt dressing \$10.95
- I. Sicilian salad: Baby arugula, marinated artichoke hearts, pignoli nuts, and shaved parmesan tossed with a light lemon garlic dressing \$10.95 add grilled chicken \$12.95
- J. Lemon parmesan chicken, roasted red peppers and shaved parmesan reggiano over baby arugula with lemon vinaigrette on the side \$10.95
- K. South Beach chicken pistachio salad over romaine with lemon vinaigrette on the side \$9.95

Sandwiches and wraps:

- L. Breaded chicken, broccoli rabe, and melted fresh mozzarella on a toasted ciabatta \$9.95
- M. Low fat Greek yogurt and avocado chicken salad with romaine on toasted 7-grain bread \$7.95
- N. The loaded BLT club with mayo on toasted wheat bread \$7.95 add ripe avocado \$8.95
- O. Pepper turkey, ripe avocado, shredded lettuce, and ranch/salsa dressing in a wheat wrap \$8.95
- P. Fresh mozzarella, oven roasted tomatoes, and basil pesto on a toasted focaccia \$7.95
- Q. Roast beef, Swiss, coleslaw, and thousand island dressing on a round roll \$6.95
- R. Spinach feta chicken burger, lettuce, tomatoes, and tzatziki sauce in a warmed pita \$7.95
- S. Warmed broccoli rabe, oven roasted tomatoes, melted fresh mozzarella, on a toasted 7-grain hero \$8.95
- T. Pulled pork with melted cheddar on a round roll \$6.95 add smashed avocado \$7.95
- U. Flank steak, caramelized onions, melted provolone on a toasted ciabatta \$8.95
- V. Chicken meatloaf, marinara, and melted provolone on a hero \$8.95
- W. Soft shell crabs francese style with lemon sauce on a focaccia \$9.95
- X. Turkey, bacon, avocado, romaine and dijon mayo on a toasted 7-grain hero \$8.95
- Y. Italian combo with lettuce, tomatoes, and balsamic vinaigrette \$8.95

Entrees: *ORDER OUR ENTREES COLD TO TAKE HOME FOR DINNER*****

- Z. Eggplant rollatini with stuffed shells \$9.95

Desserts: Fruit salad \$3.50 Tiramisu \$4.50 Carrot cake \$4.50 Peanut butter and jelly bar \$3.95
Coconut cake \$3.95 Rice or banana or bread pudding \$4.95 Caramel walnut brownie \$3.95