

Minimum \$30 for Ramsey and surrounding towns
Minimum \$50 out of the area

**Please place lunch orders
by 10:00 to ensure timely
delivery**



Soups \$5.50
Chicken vegetable Chicken chili
Lentil soup Tomato and tortellini
Butternut squash Sweet potato pear

Chicken taco and cheese quesadilla with salsa,
and sour cream on the side \$9.95

Daily Specials for Thursday September 19, 2019

Soups and sides: WE ALWAYS HAVE CHICKEN CHILI \$5.49

Grilled cheese w/ bacon a round roll panini \$5.95 / Kale or Sicilian salad \$4.95 / Marinated Greek salad \$4.95 / Roasted vegetable fritatta \$5.95 / Bacon and tomato pasta salad \$4.95 / Rice balls \$4.95 / Beef and rice stuffed peppers \$6.95 / Chicken chili over rice with melted cheddar and sour cream on the side \$6.95 / Chicken flautas with sour cream and chipotle ranch \$6.95 / Egg salad on toasted wheat bread \$5.95 / Tuna pasta salad \$4.95 / Black bean cake \$4.95 / S/W quinoa \$4.95

Salads - We always have the salmon, edamame, Asian noodle salad \$14.95

- E. Goat Cheese Salad \$10.95 Add Grilled Chicken \$13.95
- F. Fresh turkey, apples, dates, dried cranberries, and toasted pecans over romaine with maple dressing on the side \$13.95
- G. Sesame tuna bowl with Asian slaw, pineapple mango salsa, sesame cucumber salad, and ripe avocado over brown rice with sesame ginger dressing on the side \$14.95
- H. Antipasto: genoa salami, sopressata, sharp provolone, roasted peppers, marinated eggplant, fresh mozzarella, and roasted peppers over greens with red wine vinaigrette on the side \$13.95
- I. Ripe peaches, dried cranberries, candied pecans, and feta cheese (or ask for brie) over mixed greens with lemon poppy seed dressing on the side \$10.95 add grilled chicken \$13.95
- J. Lemon parmesan chicken, roasted red peppers and shaved parmesan reggiano over baby arugula with lemon vinaigrette on the side \$13.95
- K. South Beach chicken pistachio salad over iceberg with lemon vinaigrette \$11.95

Sandwiches and wraps:

- L. Fresh turkey, lettuce, tomatoes, and cranberry mayo on toasted 7-grain bread \$6.95
- M. Hot fresh turkey, homemade stuffing, and gravy on a round roll \$8.95
- N. Panko fried flounder with lettuce, tomatoes, and tartar on a toasted focaccia \$9.95 or flounder francaise with lemon sauce on a focaccia \$9.95
- O. Roast beef, bacon, melted cheddar, and chipotle ranch on a toasted hero \$8.95
- P. Eggplant parm hero \$8.95
- Q. Sausage, peppers, onions, and melted mozzarella on a hero \$8.95
- R. Pulled pork, melted cheddar, and coleslaw on a toasted round roll \$6.95
- S. Grilled chicken, pineapple mango salsa, avocado, and shredded lettuce in a wheat wrap \$9.95
- T. Blackened strawberry bass, pineapple mango salsa, Asian slaw, and lime crema 3 for \$11.95
- U. Flank steak, broccoli rabe, and melted provolone on garlic toasted Italian bread \$10.95
- V. Chicken meatloaf, marinara, and melted mozzarella on a toasted focaccia \$7.95
- W. Shredded chicken simmered with tomatoes and onions, melted cheddar and mozzarella quesadilla with a sided of guacamole and lime crema \$9.95
- X. Turkey, bacon avocado, romaine, dijon mayo on a toasted 7-grain hero \$8.95
- Y. Italian combo with lettuce, tomatoes, and balsamic vinaigrette \$8.95

Entrees: *ORDER OUR ENTREES COLD TO TAKE HOME FOR DINNER*****

Turkey dinner \$12.95 **OR** Chicken cordon bleu, potato croquette & green bean almandine \$10.95
OR Rigatoni w/ chicken Bolognese \$8.95 **OR** Fresh turkey, gravy, & sweet potato steak fries \$8.95

Desserts: Fruit salad \$3.95 Pecan bar \$4.95 Hello Dolly \$4.95 Coconut cake \$4.50 Tiramisu \$4.95
Pineapple cup \$4.95 Rice or banana pudding \$5.95 Jelly or Nutella filled beignet \$9.95/dz