

Minimum \$30 for Ramsey and surrounding towns

Minimum \$50 out of the area



**If you are reading this from our website, please make sure it is the correct date.**

### **Daily Specials for Monday November 19, 2018**

#### **Soups and sides: WE ALWAYS HAVE CHICKEN CHILI \$4.95**

Soups: Chicken vegetable / split pea with ham / Sweet potato pear / Roasted eggplant tomato / Minestrone / Lentil / Kale or Sicilian salad \$4.95 / Greek pasta salad \$4.95 / Edamame salad \$4.95 / Turkey pot pie \$8.95 / Black bean cake \$4.95 / Grilled American cheese with bacon on rye \$5.95 / Broccoli cheddar bacon baked potato \$5.95

#### **Salads - We always have the salmon, edamame, Asian noodle salad \$13.95**

- E. Goat Cheese Salad \$9.95 Add Grilled Chicken \$12.95
- F. Ripe strawberries, candied walnuts, feta cheese, and cucumbers over baby spinach with lemon poppy seed dressing on the side \$9.95 add lemon parmesan chicken \$12.95
- G. Chicken mandarin salad: grilled chicken, mandarin oranges, toasted almonds and dried cranberries over mixed greens with raspberry vinaigrette \$10.95
- H. Fat free two scoop salad: Mixed greens topped with a scoop fat free tuna salad, one sliced hardboiled egg, ripe avocados slices with balsamic vinaigrette dressing on the side \$10.95
- I. Simple salad: sliced grilled chicken, fresh mozzarella, diced cucumbers, grape tomato halves and shredded romaine tossed with extra virgin olive oil and aged balsamic vinegar \$12.95
- J. Lemon parmesan chicken, roasted red peppers and shaved parmesan reggiano over baby arugula with lemon vinaigrette on the side \$11.95
- K. South Beach chicken pistachio salad over romaine with lemon vinaigrette \$10.95

#### **Sandwiches and wraps:**

- L. Flank steak, melted cheddar, bacon, and chipotle ranch on a toasted ciabatta \$10.95
- M. Turkey, swiss, and coleslaw on a toasted 7-grain hero \$7.95
- N. Chicken parm with melted fresh mozzarella, and vodka sauce on a toasted hero \$9.95
- O. Toasted pecan chicken salad, grapes, pecans, and shredded lettuce on a 7-grain hero \$7.95
- P. Roast beef, sautéed onions, and melted brie on a toasted hero \$8.95
- Q. Grilled chicken, melted fresh mozzarella, and tomato bruschetta on a toasted hero \$9.95
- R. Buffalo chicken burger, lettuce, tomatoes, and bleu cheese dressing on a round roll \$7.95
- S. Spinach feta chicken burger, lettuce, tomatoes, and tzatziki sauce on a toasted round roll \$7.95
- T. Chicken marsala with mushroom sauce and melted provolone on a ciabatta \$7.95
- U. Pulled pork with melted cheddar on a round roll \$6.95
- V. Shrimp salad with lettuce, and tomatoes on a focaccia \$7.95
- W. Crab cake, lettuce, tomatoes, and tartar on a round roll \$10.95
- X. Turkey, bacon, avocado, romaine and dijon mayo on a toasted 7-grain hero \$8.95
- Y. Italian combo with lettuce, tomatoes, and balsamic vinaigrette \$8.95

#### **Entrees: \*\*\*ORDER OUR ENTREES COLD TO TAKE HOME FOR DINNER\*\*\***

Chicken marsala with spinach potato croquette and broccoli \$11.95 **OR** Eggplant meatballs with penne fresco \$9.95 **OR** Spaghetti with meatballs \$9.95

**Desserts:** Coconut cake \$3.95 Carrot cake \$4.95 Rice pudding \$4.95 Fruit salad \$3.95 Black and white cookie \$2.50 Pecan, apple crumb, or lemon meringue pie \$3.95